

Welcome to Grosse Ile Family Chiropractic!

New Patient History

Date of Initial Visit \_\_\_\_\_

Name (Please Print) \_\_\_\_\_ Date of birth \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Marital status: S \_\_\_\_ M \_\_\_\_ # of Children \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Primary Insurance Plan \_\_\_\_\_ Patient ID # \_\_\_\_\_

Secondary Insurance \_\_\_\_\_ Secondary ID# \_\_\_\_\_

Spouse's name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Referred by \_\_\_\_\_ Primary MD \_\_\_\_\_

Kindly circle your level of pain: (No Pain) 0 1 2 3 4 5 6 7 8 9 10 (Worst Possible)

Please explain your reason for coming into chiropractic care today:

Please mark areas of discomfort below:

Major area of concern \_\_\_\_\_

Pain/Problem started on \_\_\_\_\_ Check the type of pain you are feeling:

Sharp \_\_\_\_ Dull Ache \_\_\_\_ Constant \_\_\_\_ Intermittent \_\_\_\_ Other \_\_\_\_

Does this pain shoot, radiate, or travel in your body? \_\_\_\_\_ Where? \_\_\_\_\_

Are you experiencing numbness or tingling anywhere? \_\_\_\_\_ Where? \_\_\_\_\_

Since it began, is it: Same \_\_\_\_ Better \_\_\_\_ Worse at certain times \_\_\_\_

What activities aggravate your condition? \_\_\_\_\_

Is the pain interfering with work \_\_\_\_ sleep \_\_\_\_ activities of daily living \_\_\_\_

What other doctors have you seen for this condition \_\_\_\_\_ Diagnosis? \_\_\_\_\_

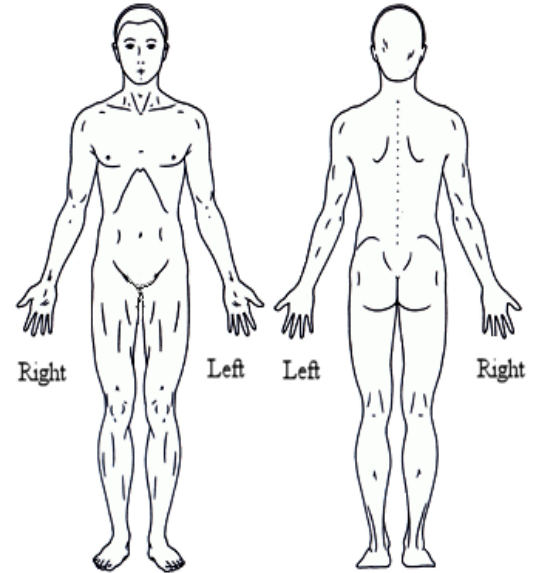
Are you under medical care for any condition at this time? \_\_\_\_\_ How long? \_\_\_\_\_ Have they taken X-rays \_\_\_\_ MRI \_\_\_\_

CT Scan \_\_\_\_ Are you able to obtain a copy for this office? \_\_\_\_ Location where they were taken? \_\_\_\_\_

Have you had any spinal surgery? \_\_\_\_ When \_\_\_\_\_ What level? \_\_\_\_ Neck (C/S) \_\_\_\_ Mid Back (T/S) \_\_\_\_ Low Back (L/S) \_\_\_\_

What side effects have you experienced from the drugs and surgery? \_\_\_\_\_

Medications/ Vitamins: List any vitamins or medications are you now taking? \_\_\_\_\_



Early Childhood: Describe any challenges that you may know of? \_\_\_\_\_

Ear infections/colic/asthma \_\_\_\_\_ Attention Deficit \_\_\_\_\_ Antibiotics \_\_\_\_\_ Broken bones \_\_\_\_\_

Any traumas? \_\_\_\_\_ Car accidents \_\_\_\_\_ Chair pulled from under you \_\_\_\_\_

Current Health Habits: Did/do you smoke? \_\_\_\_ Drink alcohol? \_\_\_\_ Do you eat healthy foods? \_\_\_\_ Do you exercise regularly? \_\_\_\_\_

Do you have dental/eye/hearing problems? \_\_\_\_ Did/do you have occupational stress? \_\_\_\_\_ Physical/ emotional/mental stress? \_\_\_\_\_

Do you sleep well \_\_\_\_\_ Hours of sleep/ night \_\_\_\_ Sleeping posture: Side \_\_\_\_ Stomach \_\_\_\_ Back \_\_\_\_ Arms over head \_\_\_\_\_

In your adult life have you ever been in a car accident or fallen? \_\_\_\_\_ Please explain \_\_\_\_\_

Please mark any of the following conditions or symptoms that you have now or have experienced:

- O Headaches O Neck Pain O Sleeping Problems O Low Back Pain O Nervousness O Tension O Irritability O Dizziness O Pain Between Shoulders O Stiff Neck O Joint Swelling
O Pain in Hands or Arms O Numbness in Hands or Arms O Pain in Legs or Feet O Numbness in Legs or Feet O Fatigue O Depression O Lights Bother Eyes O Loss of Memory O Shoulder Pain O Sinus O Shortness of Breath
O Chest Pains O Heart Attack O High Blood Pressure O Stroke O Cancer O Painful Urination O Diabetes O Diarrhea O Constipation O Stomach Upset O Heartburn/Reflux
O Loss of Balance O Ringing in Ears O Jaw/TMJ Problems O Menstrual Cramps O Menopause O Cold Hands O Cold Feet O Weight Loss O Loss of Smell or Taste O Fever O Asthma O Allergies

Please list any other conditions diagnosed by your medical doctors in the past or present that you would like us also to include:

Mark with an "X" any condition listed below that has affected your family history:

Table with 7 columns: Heart disease, Lung disease, Arthritis, Cancer, Diabetes, and two blank columns. Rows for Father's side and Mother's side.

Please sign below: I hereby certify that the statements and answers given on this form are accurate to the best of my knowledge. I do understand that it is my responsibility to inform this office of any changes in my health, as they occur. I agree to allow the doctor to examine me for further evaluation and acceptability into chiropractic care. In addition, when necessary, permission is granted to the doctor to discuss my care with \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship to Patient \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_ E-Mail \_\_\_\_\_

Doctor's Notes \_\_\_\_\_

Doctor's Signature \_\_\_\_\_ Roberta R Synowiec, DC

Date \_\_\_\_ / \_\_\_\_ / 2011